



RUDOLF STEINER SCHOOL  
NEW YORK CITY

## EXTRACURRICULAR OFFERINGS 2024-2025

Rudolf Steiner School is delighted to provide students in grades 1 – 6 with opportunities to participate in various extracurricular offerings before and after school. These programs are open to all Rudolf Steiner School students currently enrolled in the indicated grades listed for each course. These offerings are an extension of our regular school day programs and are designed to enhance the overall school and curricular experiences of every child.

### Extended Day Workshops

Extended Day workshop options for Lower School students are held in trimester sessions. Students may sign up for the same workshop for all three trimesters or select different options. It is a way to learn a new skill, unwind, and spend time with friends. For programs other than AfterCare, please sign up as promptly as possible, as we can only offer classes that have a minimum enrollment of 6 students. **Except where noted, materials will be provided by each program. Snacks will be offered to participants from 3:00 – 3:30; please be prompt for pick-up between 5:00 – 5:30pm. Families with Tuition Assistance, please contact the Business Office at [gsoh@steiner.edu](mailto:gsoh@steiner.edu) for financial assistance.**

Space is limited, so sign up quickly!

#### MONDAYS

#### **Watercolor Wonder (Gr. 1 – 6)**

Operates: Mondays, 3:30 – 5:00 pm

Teacher: Maya Bensalem

Enrollment Limit: none

Cost: \$360 / session / child

[REGISTER HERE](#)

#### Monday Winter Session

January 6, 13, 27

February 3, 10, 24

March 3, 10



This program will allow students to experiment with a variety of watercolor techniques. We will explore color and its ability to capture different moods and atmospheres. Participants will be able to take home several creations, including a landscape piece. This is a wonderful opportunity for students to express and develop their creativity. All levels are welcome and encouraged!

## Chess Club (Gr. 2 – 4)

Operates: Mondays, 3:00 – 4:00 pm

Teacher: Tri-State Chess

Enrollment Limit: none

Cost: \$175 / session / child

[REGISTER HERE](#)

### Monday Winter Session

February 3, 10, 24

March 3, 10



This program welcomes students who are interested in exploring chess. Students will have the opportunity to master basic skills and tactics and move on to advanced strategies when they are ready. Our objective is for children to build confidence in their play and to delight in the pure enjoyment of the game.

## Study Squad (Gr. 5 & 6)

Operates: Mondays, 3:00 – 5:30 pm

Teacher: Sean Powers

Enrollment Limit: 12

Cost: \$360 / session / child

[REGISTER HERE](#)

### Monday Winter Session

January 6, 13, 27

February 3, 10, 24

March 3, 10



As we continually strive to provide the best support for our students, we believe that the Study Squad will greatly benefit our students' academic progress and overall growth. Students will receive dedicated assistance and guidance with their homework assignments. Additionally, an enriching component "Introduction to Engineering and Architecture" and a module on "Basic Robotics" will be incorporated. This aims to provide students with hands-on experience in the fascinating fields of engineering, architecture, and robotics.

## TUESDAYS

### **Circus Arts (Gr. 1 – 6)**

Operates: Tuesdays, 3:30 – 5:00 pm

Teacher: Bindlestiff Family Circus & Chris Manzanillo

Enrollment Limit: 20

Cost: \$500 / circus session / child | \$900 / circus + aftercare / child

### [NEW REGISTRANTS](#)

[CLICK HERE](#)

#### Remaining Tuesday Sessions

January 7, 14, 21, 28

February 4, 11, 25

Performance: March 4

Wrap Up: March 11



Come one, come all! In this program, students will be introduced to the wondrous world of circus arts with Bindelstiffs. Participants' artistic side will flourish and their confidence, concentration, balance, flexibility, and team building skills will improve – while having fun! A variety of circus disciplines will be taught including juggling, clowning, rola bola, diabolo, and poi, to name a few. Students will participate in circus in cohorts of grades 1-3 and 4-6 for 1-hour sessions. In late winter, as students prepare for a performance, the groups will be participating together for 1.5 hours.

You have the choice to register for circus individually for \$25/session or combine circus plus AfterCare for \$45/session.

## WEDNESDAYS

### **Needle Felting (Gr. 3 – 6)**

Operates: Tuesdays, 3:30 – 5:00 pm

Teacher: Alita Bustamante

Enrollment Limit: 12

Cost: \$360 / session / per child

[REGISTER HERE](#)

#### Tuesday Winter Session

January 7, 14, 21, 28

February 4, 11, 25

March 4



The Extended Day Needle Felting Workshop invites students to flow in the magical and therapeutic art of wool sculpting. Over the course of the winter session, beginner and intermediate felters will learn wet and dry techniques to create colorful textiles, fairies, and forest animals.

## Sports FUNdamentals (Gr. 2 - 4)

Operates: Wednesdays, 3:30 – 5:00 pm  
Teacher: Chikako Miyoshi & Chris Manzanillo  
Enrollment Limit: none  
Cost: \$360 / session / child

[REGISTER HERE](#)

### Wednesday Winter Session

January 8, 15, 22  
February 5, 12, 19, 26  
March 5



Join us for soccer, tag, capture the flag, and other games to build skill and agility – physically, mentally, and socially in preparation for team sports.

## THURSDAYS

### Handwork (Gr. 1 – 6)

Operates: Thursdays, 3:30 – 5:00 pm  
Teacher: MaryLynn Hetsko  
Enrollment Limit: 8  
Cost: \$405 / session / per child

[REGISTER HERE](#)

### Thursday Winter Session

January 9, 16, 23, 30  
February 6, 13, 20, 27  
March 6



In this class, you will develop your skills to make knit/crochet dolls, hand-puppets, and finger puppets.

### Junior Athletics (Gr. 4 - 6)

Operates: Thursdays, 3:30 – 5:00 pm  
Teacher: Chris Manzanillo  
Enrollment Limit: none  
Cost: \$405 / session / child

[REGISTER HERE](#)

### Thursday Winter Session

January 9, 16, 23, 30  
February 6, 13, 20, 27  
March 6



Join us for soccer, flag-football and other games to build skill and agility – physically, mentally, and socially in preparation for team sports.



# AfterCare

The AfterCare Program is open to all students in grades Nursery through Grade 6. Students waiting for music lessons on campus without parent/guardian supervision must go to AfterCare.

## MONDAYS - FRIDAYS

### Early Childhood AfterCare (Nursery – Kindergarten)

Operates: Mondays – Fridays, 3:00 – 5:30 pm

Teacher: Selvi Caldwell & Karen Tian

Enrollment Limit: no limit

Cost: \$45 / day / child

[CC AUTHORIZATION FORM](#)

[REGISTRATION DETAILS](#)

#### Session Schedule

Fall: September 16 – December 19

Winter: January 6 – March 13

Spring: April 1 – June 6



This program provides care for early childhood students. The afternoon includes preparing and sharing a simple snack, play and story time. Children in Nursery through Kindergarten are welcome to join.

### Elementary AfterCare (Gr. 1- 6)

Operates: Mondays – Fridays, 3:00 – 5:30 pm

Teacher: Victor Joseph & Nancy Cortes

Enrollment Limit: no limit

Cost: \$45 / day / child

[CC AUTHORIZATION FORM](#)

[REGISTRATION DETAILS](#)

#### Session Schedule

Fall: September 16 – December 19

Winter: January 6 – March 13

Spring: April 1 – June 6



This program provides care for students after school. Our teachers look forward to greeting your children each day, enjoying snack and leading activities, and crafts in the First Grade classroom. This year, AfterCare will be presenting our Atelier Series. Daily projects will be in 4-week increments. Choose from ceramics, weaving, cooking, mosaics, and art du jour. AfterCare... Continuing the creative atmosphere with the Atelier Series.

# Extracurricular Activities

Rudolf Steiner School offers a number of opportunities to enhance the students' school experience at no additional cost including Morning Run, Junior Chorus, Chess Club, and the Academic Lab.

## MONDAYS

### **Spanish Club (Grades 5 & 6)**

Operates: Mondays, 7:45 – 8:10 am -

Teacher: Maria Cardenas

Enrollment Limit: by invitation

To inquire please send an email to Maria Cardenas: [mcardenas@steiner.edu](mailto:mcardenas@steiner.edu)



Spanish Club is an opportunity for students in grades 5 and 6 to advance their academic proficiency in reading, writing, and grammar beyond what is typically taught in the classroom for Spanish language acquisition at this grade level. These students will be able to join advanced language levels in the Upper School. This club is for native Spanish speakers by invitation or inquiry.

## TUESDAYS

### **Morning Run (Grades 5 & 6)**

Operates: Tuesdays, 7:45 – 8:10 am

Teacher: Chikako Miyoshi

Enrollment Limit: none

To Register Please send an email to Chikako Miyoshi: [cmiyoshi@steiner.edu](mailto:cmiyoshi@steiner.edu)



Studies show that movement and physical activity before academic work are deeply beneficial. Additionally, Morning Run offers students an opportunity to connect with friends in a fun, supportive, and healthy outdoor engagement before the school day begins. I hope your student will join us!

## WEDNESDAYS

### Junior Chorus (Grades 4 - 6)

Operates: Wednesdays, 7:45 – 8:10 am  
Teacher: Jeffrey Spade  
Enrollment Limit: none

To Register Please send an email to  
Jeffrey Spade: [jspade@steiner.edu](mailto:jspade@steiner.edu)



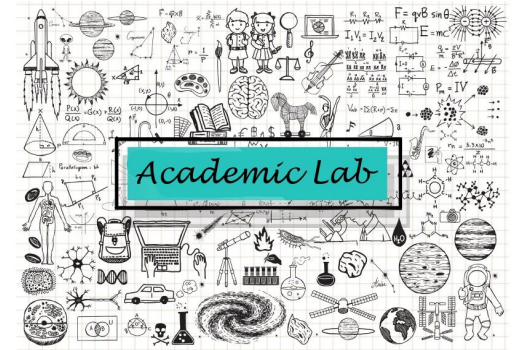
Students will sing a wide variety of children's choral music literature in unison, two-part, and three-part harmony. Membership is open to all students in grades four, five, and six. In addition to singing at school assemblies and concerts, there will be opportunities for members of the chorus to perform off campus at outside events and for community service engagements.

## WEDNESDAYS & THURSDAYS

### Academic Lab (Grades 1 - 6)

Operates: Wednesdays and Thursdays, 3:15 – 4:00 pm  
Teacher: Sean Powers  
Enrollment Limit: by teacher recommendation only

To inquire please send an email to  
your class teacher



Academic Lab is a place where students in grades 1-6 can go to receive academic support or enrichment under the supervision of the Learning Support Teachers. It is by invitation only and will occur from 3:00-3:45 on Wednesday and Thursday afternoons.

To inquire please send an email to your child's class teacher.

## THURSDAYS

### German Club (Grades 5 & 6)

Operates: Thursdays, 7:45 – 8:10 am  
Teacher: Andrea Pieper  
Enrollment Limit: by invitation

To inquire please send an email to  
Andrea Pieper: [apieper@steiner.edu](mailto:apieper@steiner.edu)



German club is an opportunity for students in grades 5 and 6 to advance their academic proficiency in reading, writing, and grammar beyond what is typically taught in the classroom for German language acquisition at this grade level. These students will be able to join advanced language levels in the Upper School. This club is for native German speakers by invitation or inquiry.