

STEINER COMMUNITY EDUCATION MORNING SERIES

EVERY FRIDAY @ DINING HALL 8:30 – 9:30 AM

First & Third Fridays | **COFFEE SOCIAL**

Second Fridays | **COFFEE & CONVERSATION** - with Area Chairs

Fourth Fridays | **COMMUNITY ED EVENTS** * - with Faculty & Staff

SEPTEMBER

13 | Healthy Home Habits to Support School Life | Time to Wake Up Already?

27 | Learning Support | A Holistic Approach *

NOVEMBER

8 | Athletics | Building Team Spirit & Individual Character *

15 | Sleep, Sacred Sleep | Toddler to Teen

DECEMBER

6 | Food Program | Cultivating Conscious Stewards *

13 | Cookie Swap and Recipe Share

JANUARY

10 | Cultivating Resilience | Mental and Emotional Health

24 | Math Morning | From Times Tables to Computer Science *

FEBRUARY

14 | Teaching is a Work of Heart | Empathy in Teaching and Parenting

28 | Eurythmy | Movement Towards Being Human *

MARCH

14 | Steiner at Large | Families Outdoors

APRIL

25 | College Guidance | Preparing for the Future *

MAY

9 | Gearing Up for Summer | Tag, Parents, You're It!

23 | Health and Human Sexuality | A Year in Review *

JUNE

6 | Farewell Coffee | Gratitude Reception

EVERY OTHER FRIDAY NOT LISTED ABOVE IS A **COFFEE SOCIAL**.

EVERYONE'S INVITED!