



# FOOD PROGRAM | CULTIVATING CONSCIOUS STEWARDS

## A MORNING TALK WITH CHEF ALEX OEFELI

Join us as we investigate the role of food in our community and the connections it creates among us. Together, we'll learn about sustainable practices, the principles of mindful eating, and the journey from farm to table, celebrating the stories, values, and shared experiences that make our school's food program exceptional.

Our Executive Chef, Alexander Oefeli, comes from Switzerland and has over 30 years of experience in the hospitality industry. He has been at the helm of both upscale restaurants and family dining experiences, crafting menus that encourage meaningful and thoughtful dining moments.

**FRIDAY, DECEMBER 6**

**8:30 AM, LOWER SCHOOL DINING HALL**