RUDOLF STEINER SCHOOL
NEW YORK CITY

EXTRACURRICULAR OFFERINGS
2025-2026

Rudolf Steiner School is delighted to provide students in grades 1 – 6 with opportunities to participate in various extracurricular offerings before and after school. These programs are open to all Rudolf Steiner School students currently enrolled in the indicated grades listed for each course. These offerings are an extension of our regular school day programs and are designed to enhance the overall school and curricular experiences of every child.

Extended Day Workshops

Extended Day workshop options for Lower School students are held in trimester sessions. Students may sign up for the same workshop for all three trimesters or select different options. It is a way to learn a new skill, unwind, and spend time with friends. For programs other than AfterCare, please sign up as promptly as possible, as we can only offer classes that have a minimum enrollment of 6 students. **Except where noted, materials will be provided by each program. Snacks will be offered to participants from 3:00 – 3:30; please be prompt for pick-up between 5:00 – 5:30pm.**
Families with Tuition Assistance, please contact the Business Office at gsoh@steiner.edu for financial assistance.

Space is limited, so sign up quickly!

MONDAYS

Chess Club + AfterCare (Gr. 2 – 5)

Operates: Mondays, 3:15 - 5:30 pm
Teachers: Tri-State Chess + AfterCare
Enrollment Limit: none
Cost: $495 / session / child
Register here

Monday Fall Session
September 15, 22, 29
October 6, 27
November 3, 10, 17, 24
December 1, 8



TUESDAYS

Junior Athletics (Gr. 4 - 6)

Operates: Tuesdays, 3:30 – 5:00 pm
Teacher: Chris Manzanillo
Enrollment Limit: none
Cost: $495 / session / child
Register Here

Tuesday Fall Session
September 16, 30
October 7, 14, 21, 28
November 4, 11, 18
December 2, 9



Join us for soccer, flag-football and other games to build skill and agility – physically, mentally, and socially in preparation for team sports.

Needle Felting (Gr. 3 – 6)

Operates: Wednesdays, 3:30 – 5:00 pm
Teacher: Alita Bustamante
Enrollment Limit: 12
Cost: $495 / session / per child
Register Here

Tuesday Fall Session
September 16, 30
October 7, 14, 21, 28
November 4, 11, 18
December 2, 9



The Extended Day Needle Felting Workshop invites students to flow in the magical and therapeutic art of wool sculpting. Over the course of the spring session, beginner and intermediate felters will learn wet and dry technic[illegible] fairies, and forest animals.



WEDNESDAYS

Sports FUNdamentals (Gr. 2 - 4)

Operates: Wednesdays, 3:30 – 5:00 pm
Teacher: Chikako Miyoshi & Chris Manzanillo
Enrollment Limit: none
Cost: $495 / session / child

Join us for soccer, tag, capture the flag, and other games to build skill and agility – physically, mentally, and socially in preparation for team sports.

Wednesday Fall Session
September 17
October 1, 8, 15, 22, 29
November 5, 12, 19
December 3, 10

Register Here

THURSDAYS

Circus Arts (Gr. 1 – 6)

Operates: Thursdays, 3:30 – 5:30 pm
(3:30 – 4:30 – Grades 1-3
4:30 – 5:30 – Grades 4-6)
Teacher: Bindlestiff Family Circus & Chris Manzanillo
Enrollment Minimum: 18
Cost: $770 / circus session / child | $990 / circus + aftercare / child
Register Here

Circus Sessions - 22 weeks!
September 18 – March 12

Performance Date: March 5



Come one, come all! In this program, students will be introduced to the wondrous world of circus arts with Bindelstiff. Participants' artistic side will flourish and their confidence, concentration, balance, flexibility, and team building skills will improve – while having fun! A variety of circus disciplines will be taught including juggling, clowning, rola bola, diabolo, and poi, to name a few. Students will participate in circus in cohorts of grades 1-3 and 4-6 for 1-hour sessions. In late winter, as students prepare for a performance, the groups will be participating together for 1.5 hours.
You have the choice to register for circus individually for $35/session or combine circus plus AfterCare for $45/session.

AfterCare

The AfterCare Program is open to all students in grades Nursery through Grade 6. Students waiting for music lessons on campus without parent/guardian supervision must go to AfterCare.

MONDAYS - FRIDAYS



Early Childhood AfterCare (Nursery – Kindergarten)

Operates: Mondays – Fridays, 3:00 – 5:30 pm
Teacher: Selvi Caldwell & Karen Tian
Enrollment Limit: no limit
Cost: $45 / day / child

CC AUTHORIZATION FORM

REGISTRATION FORM

Session Schedule
Fall: September15 – December 18
Winter: January 5 – March 18
Spring: April 6 – June 12

This program provides care for early childhood students. The afternoon includes preparing and sharing a simple snack, play and story time. Children in Nursery through Kindergarten are welcome to join.

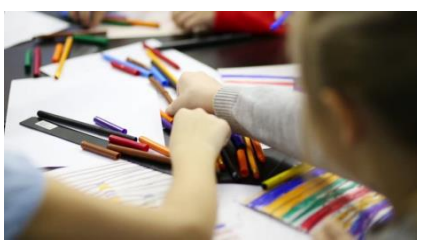
Elementary AfterCare (Gr. 1- 6)

Operates: Mondays – Fridays, 3:00 – 5:30 pm
Teacher: Delvin Collier, Victor Joseph & Nancy Cortes
Enrollment Limit: no limit
Cost: $45 / day / child

CC AUTHORIZATION FORM

REGISTRATION FORM

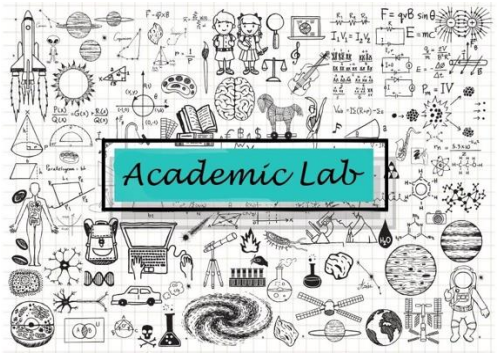
Session Schedule
Fall: September15 – December 18
Winter: January 5 – March 18
Spring: April 6 – June 12



This program provides care for students after school. Our teachers look forward to greeting your children each day, enjoying snack and leading activities, and crafts in the First Grade classroom.

Extracurricular Activities

Rudolf Steiner School offers a number of opportunities to enhance the students' school experience at no additional cost including Morning Run, Junior Chorus, and the Academic Lab.



MONDAYS & WEDNESDAYS

Academic Lab (Grades 1 - 6)

Operates: Mondays and Thursdays, 3:15 – 4:00 pm
Teacher: Cat Weiner
Enrollment Limit: by teacher recommendation only

To inquire please send an email to your class teacher

Academic Lab is a place where students in grades 1-6 can go to receive academic support or enrichment under the supervision of the Learning Support Teachers. It is by invitation only and will occur from 3:15-4:00 on Wednesday and Thursday afternoons. To inquire please send an email to your child's class teacher.

TUESDAYS

Morning Run (Grades 5 & 6)

Operates: Tuesdays, 7:45 – 8:10 am
Teacher: Chikako Miyoshi
Enrollment Limit: none

Start Date: September 16
To register please send an email to Chikako Miyoshi: cmiyoshi@steiner.edu



Studies show that movement and physical activity before academic work are deeply beneficial. Additionally, Morning Run offers students an opportunity to connect with friends in a fun, supportive, and healthy outdoor engagement before the school day begins. I hope your student will join us!

WEDNESDAYS

Junior Chorus (Grades 4 - 6)

Operates: Wednesdays, 7:45 – 8:10 am
Teacher: Jeffrey Spade
Enrollment Limit: none

Start Date: September 17
To register please send an email to Jeffrey Spade: jspade@steiner.edu



Students will sing a wide variety of children's choral music literature in unison, two-part, and three-part harmony. Membership is open to all students in grades four, five, and six. In addition to singing at school assemblies and concerts, there will be opportunities for members of the chorus to perform off campus at outside events and for community service engagements.